



## WHAT IS FAMILYKIND?

FamilyKind is a nonprofit organization incorporated in New York in 2012, serving people in all five boroughs of New York City, Westchester, Suffolk and Nassau counties, across the nation and around the globe. **We provide services and classes on a sliding-fee scale**, and other resources to all families, especially those experiencing separation or divorce, including:

- Parenting Education Classes
- Family and Divorce Mediation
- Parenting Coordination
- Family Relationship Coaching

“ We were finally able to get help that we could afford. I cannot tell you how grateful I am to FamilyKind.

— FamilyKind Client

## WHY FAMILYKIND?

FamilyKind's services and classes promote less litigious and more child-centered approaches to separation and divorce by:

- Decreasing conflict-related trauma to adults and children
- Improving short-term and long-term outcomes for children, including fewer school absences and improved social, emotional and behavioral well-being
- Reducing litigation in courts, including fewer child-related disputes
- Lessening financial burden on parents and families

For the first time, I feel a sense of optimism that peace may be lasting between me and my co-parent. We may just be able to build a new type of family together.

— FamilyKind Client

## FAMILYKIND SERVICES FOR PARENTS, FAMILIES AND PROFESSIONALS

See reverse for details



CLASSES FOR PARENTS



SESSIONS FOR INDIVIDUALS COUPLES AND FAMILIES



OTHER PROGRAMS

- FamilyKind offers our clients services on a sliding fee scale or free-of-charge to those who qualify.
- FamilyKind offers services and classes in various languages and seeks to meet the needs of families of all configurations and individuals of varying abilities.
- Services are provided by highly qualified professionals.
- FamilyKind partners with community organizations, courts, public officials, religious institutions, schools, and workplaces to offer services to individuals, couples, families and groups. If interested in a partnership, contact FamilyKind at 212.769.3057.



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## FAMILYKIND SERVICES



### CLASSES FOR PARENTS

Visit [FamilyKind.org](http://FamilyKind.org) to enroll

- **New York State Certified Co-Parenting Course (NYSPEAP):** A one-time, five-hour class, offered live via Zoom or online, for divorcing, separating, and never-married parents. Participants learn valuable tools and strategies to improve co-parent communication and the well-being of the child and family. Available in English and Spanish, this class is accepted by New York State Courts.
- **Individualized Parenting Education (IPE):** A minimum of five one-on-one sessions with an IPE specialist with expertise that matches the client's situational needs. IPE provides effective support to clients who completed the NYSPEAP and desire to enhance the implementation of parenting and/or co-parenting skills.
- **Successful Parenting with FamilyKind (SPF):** A high-quality, parent education series for ALL families with children 0-18, taught by licensed/certified parenting educators. The topics, which are tailored to meet the needs of the families in the group, provide research-based, culturally responsive information and practical strategies.



### SESSIONS FOR INDIVIDUALS COUPLES AND FAMILIES

Email [info@familykind.org](mailto:info@familykind.org) or call 212.769.3057

- **Parenting Coordination:** Parenting coordinators provide high-conflict parents with tools, methods and recommendations to establish effective co-parenting strategies.
- **Divorce/Family Mediation:** Mediators help couples create mutually satisfactory parenting and financial agreements. Mediation tends to be less costly both emotionally and financially than litigation. Number and length of sessions varies. Offered in English, Spanish, French, and Russian.
- **Additional Mediation Services:** Mediators provide Prenuptial/Cohabitation Mediation, Marital/Relationship Mediation, Postnuptial Mediation and Child-inclusive Mediation.
- **Family Relationship:** Coaches help individuals, couples and families improve communication and navigate a broad range of parenting, family and stepfamily issues.
- **GoodTalk4Parents:** Specially trained professionals facilitate healthy and safe verbal, email and text communication, including email revision coaching, between parents in private joint sessions.



### OTHER PROGRAMS

Visit [FamilyKind.org](http://FamilyKind.org) or email [info@familykind.org](mailto:info@familykind.org)

- **Support Groups / Informational Workshops**
  - Anger Management / Relational Trauma
  - Adult Children of Divorce (open to adults whose parents divorced or separated when they were 18 or older)
- **Financial Class for Couples:** FamilyKind's *Committed to Last* class is a one-time, two-hour class, which couples take together.
- **Professionals** seeking peer education may join our workshops, trainings and webinars.



[info@familykind.org](mailto:info@familykind.org)  
212.769.3057  
[FamilyKind.org](http://FamilyKind.org)

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