



WHAT IS FAMILYKIND?

FamilyKind is a nonprofit organization incorporated in New York in 2012, serving people in all five boroughs of New York City, Westchester, Suffolk and Nassau counties, across the nation and around the globe. **We provide services and classes on a sliding-fee scale**, and other resources to all families, especially those experiencing separation or divorce, including:

- Parenting Education Classes
- Family and Divorce Mediation
- Parenting Coordination
- Family Relationship Coaching

“ We were finally able to get help that we could afford. I cannot tell you how grateful I am to FamilyKind.

— FamilyKind Client

WHY FAMILYKIND?

FamilyKind's services and classes promote less litigious and more child-centered approaches to separation and divorce by:

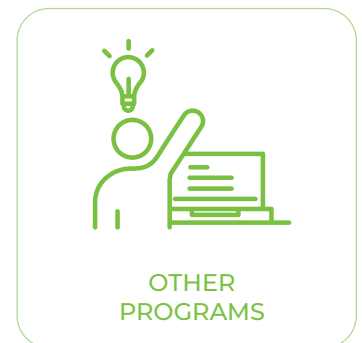
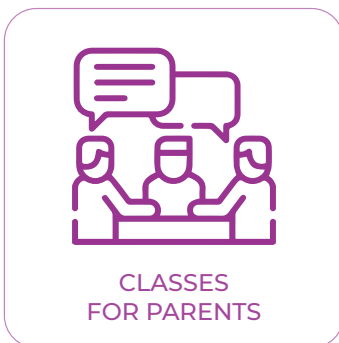
- Decreasing conflict-related trauma to adults and children
- Improving short-term and long-term outcomes for children, including fewer school absences and improved social, emotional and behavioral well-being
- Reducing litigation in courts, including fewer child-related disputes
- Lessening financial burden on parents and families

For the first time, I feel a sense of optimism that peace may be lasting between me and my co-parent. We may just be able to build a new type of family together.

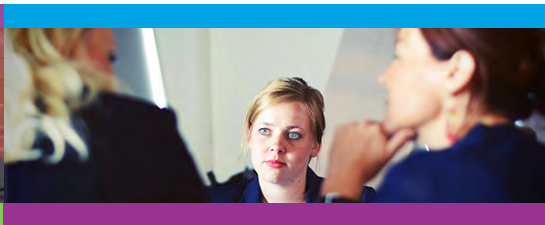
— FamilyKind Client

FAMILYKIND SERVICES FOR PARENTS, FAMILIES AND PROFESSIONALS

See reverse for details



- FamilyKind offers our clients sliding-fee scales and free services to those who qualify.
- FamilyKind offers services and classes in various languages and seeks to meet the needs of individuals of varying abilities.
- Services are provided by highly qualified professionals.
- FamilyKind partners with community organizations, courts, public officials, religious institutions, schools, and workplaces to offer services to individuals, couples, families and groups. If interested in a partnership, contact FamilyKind at 212.769.3057.



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FAMILYKIND SERVICES



CLASSES FOR PARENTS

Visit FamilyKind.org to enroll

- **New York State Certified Class:** A 4.5 hour class offered in-person or online for divorcing, separating and never-married parents. Participants learn valuable tools and strategies to improve co-parent communication, and child and family well-being. Available in English and Spanish, this class is accepted by New York State Courts.
- **High Conflict Solutions Class:** This 4-hour online program is an add-on to the New York State Certified Class. It is often recommended for parents experiencing a particularly difficult, high-conflict divorce or separation.
- **Parenting With Passion Class:** An interactive, virtual parenting education class consisting of 7 one-hour group sessions. Facilitators provide communication skills and family management tools for all parents living in the same or separate households.
- **Financial Class for Couples:** FamilyKind's *Committed to Last* class is a one time, two hour, workshop created to revolutionize the way couples communicate about money, financial matters and build their dreams together. This workshop, attended by the couple together, can be taken independently or in conjunction with our Pre-nuptial/Pre-Cohabitation Mediation Services.



SESSIONS FOR INDIVIDUALS COUPLES AND FAMILIES

Email info@familykind.org or call 212.769.3057

- **Parenting Coordination:** Parenting coordinators provide high-conflict parents with tools, recommendations and methods to establish effective co-parenting strategies.
- **Divorce/Family Mediation:** Mediators help couples create mutually satisfactory parenting and financial agreements. Mediation tends to be less costly both emotionally and financially than litigation. Number and length of sessions varies. Offered in English, Spanish, French, Japanese, and American Sign Language (ASL).
- **Additional Mediation Services:** Mediators provide Prenuptial/Cohabitation Mediation, Marital/Relationship Mediation, Postnuptial Mediation and Child-inclusive Mediation.
- **Family Relationship and Email Coaching:** Coaches help individuals, couples and families navigate a broad range of parenting, family and stepfamily issues.
- **GoodTalk4Parents:** Specially trained professionals facilitate healthy and safe verbal, email and text communication between parents in private joint sessions.
- **Individualized Parenting Education:** Parenting educators meet individually with parents to identify, apply and strengthen parenting skills and family management tools.



OTHER PROGRAMS

Visit FamilyKind.org or email info@familykind.org

- **Support Groups**
 - Divorce Recovery
 - Anger Management/Relational Trauma
 - Adult Children of Divorce (open to adults whose parents divorced or separated when they were 18 or older)
 - Loving Communication Group For Couples
- **GoodTalk4Children** GoodTalk4Children is a six-session FamilyKind group curriculum for children in grades 3-5 and 6-8 available for purchase by professionals who serve children experiencing their family's transition. FamilyKind can refer parents to providers.
- **Professionals** seeking peer education may join our workshops, trainings and webinars.



info@familykind.org
212.769.3057
FamilyKind.org

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