



Empowering Families of Children with Diverse Needs

Tailored to families of children with diverse needs, SPF is a group-based educational program led by highly trained parenting and family educators that equips parents and guardians with practical tools, strategies, and support, empowering them to navigate parenthood with confidence and creativity, while nurturing healthy, enriching family dynamics.

Are you a parent or guardian of a child with diverse needs?

Do you want to build independence for your child and parental resilience for yourself?

DIVERSE NEEDS PROGRAM HIGHLIGHTS

- ★ Session #1 Parenting Children with Diverse Needs
- ★ Session #2 Parenting Journey
- ★ Session #3 Parental Emotion Regulation
- ★ Session #4 Self-Care for Guardians
- ★ Session #5 Mindfulness & Stress Reduction
- ★ Session #6 Becoming Your Child's Best Advocate

SPF CLASS SCHEDULE



Summer Semester
July–August 2025

**Weekly on
Wednesdays
from 10:30AM to
11:30 AM ET:**



7/9, 7/16, 7/30,
8/6, 8/13, 8/20

**Week skipped 7/23*



Virtual Class



ALL CLASSES FOR
THIS SERIES ARE
FREE

[REGISTER HERE](#)

