



## Your parenting success is our mission.

Tailored to families with children aged 10-12, SPF is a group-based educational program led by certified parenting and family educators that equips guardians with practical tools, strategies, and support, empowering them to navigate parenthood with confidence and creativity, while nurturing healthy, enriching family dynamics.

### PROGRAM HIGHLIGHTS

- ★ Session #1 Parenting Stages
- ★ Session #2 Establishing Structure
- ★ Session #3 Parenting Styles and Temperament
- ★ Session #4 Fostering Independence and Responsibility
- ★ Session #5 Social Emotional Learning
- ★ Session #6 How to Talk So Children Will Listen and How to Listen So Children Will Talk
- ★ Session #7 Five Love Languages
- ★ Session #8 Co-parenting Relationship

#### Sharing Is Caring And Rewarding!



#### Invite friends to join and receive:

- **For You:** Choose between a \$20 discount on your program fee for each friend who signs up or a 25% credit towards FamilyKind's other programs.
- **For Your Friend:** A 25% discount on their registration as a new participant.

### SPF CLASS SCHEDULE

#### For Children Aged 10-12



Winter Semester  
Feb– Mar 2025



**Weekly on Saturdays at  
11:00 am to 12:00 PM ET:**  
2/1, 2/8, 2/15, 2/22  
3/1, 3/8, 3/15, 3/22

#### SAVE BIG with Full Session Registration!

Sign up for all 8 SPF classes  
and get **2 sessions FREE!**  
Each session is \$20.



Virtual Class



Affordable Sliding Fees

**REGISTER HERE**

