



Present



Healing from Emotional, Anger, & Relational Trauma.

When: Wednesdays starting May 29 – June 16

Time: 7:30 – 8:45 pm

Where: On Zoom. Link sent after registration.

Cost: \$40 for the entire series.

Workshop Description:

We will focus on healing with positive strategies to deal more effectively with anger and other emotions, coercive control, extreme narcissism and gaslighting.

Grief, forgiveness and releasing ourselves from pain are discussed.

Scholarships are available based on financial need.
Certificates available.

Facilitators: Dr. Paul Engel, DHL, LCSW & QLICS staff

Please call: 516-547-4318 for more information.

– Register Here –